

# YOUNG PERSONS GUIDE

YOUR TIME WITH US

WE WANT YOU TO FEEL  
RESPECTED,  
APPRECIATED AND  
CARED FOR

LET THE FUN TIMES  
BEGIN AND MAKE  
SOME FANTASIC  
MEMORIES



FEELING  
SAFE

BONJOUR  
HOLA

HOMELY  
ENVIRONMENT

ENSURE THAT YOU GET  
ENOUGH OF FRESH AIR,  
SUNLIGHT, & ACTIVITY  
DURING THE DAY.

WELCOME TO  
ARLESTON  
LODGE

SUNLIGHT CHILDRENS CARE  
JANUARY 2023



## INTRODUCTION: A VERY WARM WELCOME TO ARLESTON LODGE

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ARLESTON LODGE IS A HOME FOR TWO YOUNG PEOPLE. OUR AIM IS TO MAKE YOUR STAY AS COMFORTABLE, CARING AND INTERESTING AS IS POSSIBLE.

IT IS CONFUSING COMING TO A NEW PLACE WHERE YOU KNOW NOBODY AND EVERYTHING SEEMS VERY CONFUSING. AS A STAFF TEAM WE TRY TO UNDERSTAND AND WE HOPE THAT THE INFORMATION IN THIS HANDBOOK MAY ANSWER SOME OF YOUR QUESTIONS.

YOU WILL BE GIVEN THE ADDRESS OF ARLESTON LODGE AND OUR TELEPHONE NUMBER, THIS IS CONFIDENTIAL AND YOU SHOULD BE EXTREMELY CAREFUL WHO YOU SHARE THIS INFORMATION WITH.

### OUR AIMS AT ARLESTON LODGE:

THE AIM OF THIS HOME IS TO PROVIDE YOU WITH CARE APPROPRIATE TO YOUR NEEDS. TO OFFER YOU A STRUCTURED, CARING AND LIVELY ENVIRONMENT THAT WILL ENABLE YOU TO DEVELOP AND PROGRESS. THIS IS WITH THE INTENTION OF HELPING YOU TO WORK OUT WHAT THE FUTURE SHOULD HOLD FOR YOU. TO HELP YOU TO DEVELOP SKILLS IN EXPRESSING YOUR VIEWS AND BEING HEARD WHEN DECISIONS ARE BEING MADE WHICH CONCERN YOU AND TO HELP YOU KEEP IN TOUCH WITH THE PEOPLE WHO ARE IMPORTANT TO YOU.

### MEETINGS:

AT ARLESTON LODGE THERE WILL BE REGULAR MEETINGS ABOUT YOU AND YOUR FUTURE. WHEN YOU ARRIVE THERE WILL BE A MEETING TO DECIDE THE PLAN FOR YOUR TIME WITH US AT ARLESTON LODGE, THIS MEETING IS TO MAKE SURE THAT EVERYONE KNOWS WHAT IS GOING TO HAPPEN, HOW LONG THE PLAN IS FOR, WHAT CONTACT YOU WILL BE HAVING WITH YOUR FAMILY AND ALL THE OTHER THINGS THAT WE NEED TO KNOW TO GET THINGS RIGHT FOR YOU.



I am a fighter



## DAILY ROUTINES

THE ADULTS IN THE HOME  
WILL SUPPORT YOU IN HAVING A GOOD DAILY ROUTINE AND  
WILL INVOLVE YOU IN PLANNING THESE.

I am amazing



YOU WILL BE EXPECTED TO HELP WITH THE JOBS AROUND THE HOME.  
AS PART OF THIS IT IS A REQUIREMENT THAT YOU KEEP YOUR BEDROOM TIDY.



## BULLYING

WE BELIEVE THAT EVERY YOUNG PERSON HAS A RIGHT TO LIVE IN A SAFE ENVIRONMENT, FREE FROM ABUSE AND OPPRESSION.

IN THIS HOME WE HAVE AN ANTI-BULLYING RULE.

### BULLYING CAN BE:

PHYSICAL ASSAULT OR THREATS OF ASSAULT.

NAME CALLING OF AN INSULTING OR PERSONAL NATURE.

VERBAL ABUSE OR THREATS.

DEMANDING MONEY, GOODS OR FAVOURS BY MEANS OF THREATS.

RIDICULING A PERSON BECAUSE OF SEXUAL, PHYSICAL, INTELLECTUAL CULTURAL OR RACIAL DIFFERENCES.

ENCOURAGING OTHERS TO BULLY A YOUNG PERSON OR GROUP

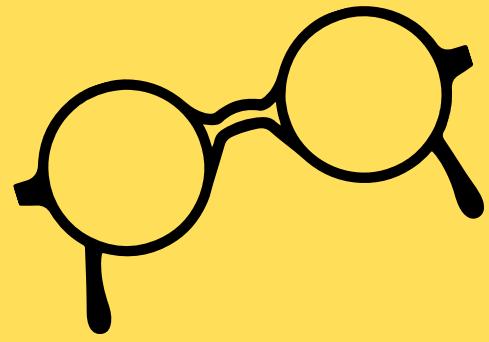
CYBER-BULLYING - USING SOCIAL NETWORK PLATFORMS TO POST UNKIND COMMENTS.

AT ARLESTON LODGE OUR ETHOS IS.....



## MEDICAL AND DENTAL APPOINTMENTS

WHEN YOU HAVE SETTLED IN TO THE HOME YOU WILL BE REGISTERED WITH A LOCAL DOCTOR, DENTIST AND OPTICIAN.



THE STAFF TEAM WILL BE DEDICATED IN SUPPORTING ALL MEDICAL HEALTH NEEDS AND WILL ALWAYS PROMOTE A HEALTHY LIFESTYLE.

## SMOKING

AT ARLESTON LODGE THERE IS A STRICT NO SMOKING POLICY WITHIN THE HOME.  
WE WILL SUPPORT YOU TO QUIT SMOKING.



MENUS AND **Meal Plan**

AT ARLESTON LODGE ALL MEALS ARE ENJOYED AT THE DINING ROOM TABLE.

ALL MEALS WILL BE AT TIMES, WHICH ARE DETERMINED BY THE PLANS FOR THE DAY. YOU WILL BE ENCOURAGED TO BE INVOLVED WITH MENU PLANNING AND LEARN BASIC COOKING SKILLS. WE LIKE TO ENSURE THAT YOU EAT YOUR 5-A-DAY, SO PLEASE LET US KNOW WHAT VEGETABLES, SALAD & FRUIT YOU BEST LIKE.

WE ALSO HAVE THEME NIGHTS WHERE WE CAN TRY FOODS FROM AROUND THE WORLD. YOU WILL HAVE LOTS OF CHOICES OF DIFFERENT TYPES OF FOOD TO KEEP YOU HEALTHY.



WE WANT YOU TO ENJOY LOTS OF ACTIVITIES

IF YOU NEED PROFESSIONAL HELP OR LESSONS THEN THAT CAN BE ORGANISED FOR YOU AND WE WILL ALSO ENCOURAGE YOU TO JOIN LOCAL CLUBS.  
PLANNERS WILL BE COMPLETED WITH YOU FOR THE WEEK, TO PLAN FOR YOUR NEXT WEEK OR FUTURE ACTIVITIES YOU WISH TO DO

**I can do this**

# I matter

BEDROOMS

YOU WILL HAVE YOUR OWN BEDROOM AND THIS IS YOUR PERSONAL SPACE.

TO ENSURE THAT WE KEEP YOU SAFE AND THAT YOUR BELONGINGS DO NOT GO MISSING WE ASK YOU NOT TO LET OTHER YOUNG PEOPLE INTO YOUR ROOM.

WE WILL HELP YOU MAKE YOUR ROOM REALLY COSY WITH YOUR FAVOURITE COLOURS AND THINGS YOU LIKE IN IT!

YOUR SETTLING TIME IS:

AGE:

TIME:



ON A FRIDAY AND SATURDAY NIGHT AND DURING SCHOOL HOLIDAYS YOU MAY HAVE EXTRA TIME BEFORE SETTLING.

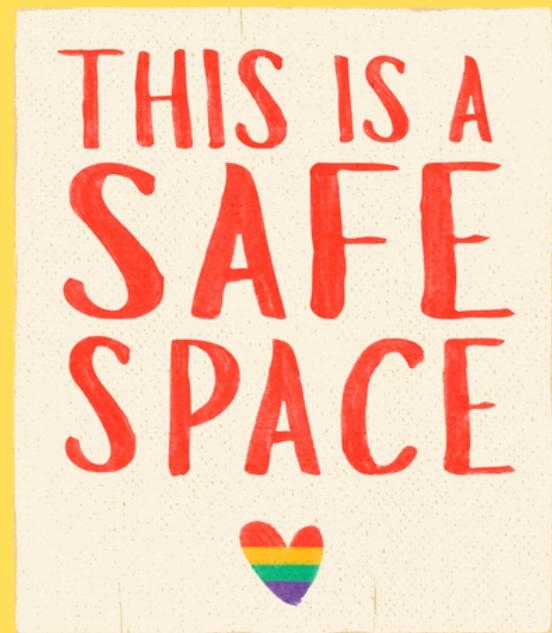
HOW WE WILL KEEP YOU SAFE

THERE ARE SOME IMPORTANT RULES AT ARLESTON LODGE.



≡EQUALITY≡

Be Kind



Be  
Brave

GRATEFUL

LOVE WHO  
YOU ARE

## ACCESS TO A TELEPHONE

THERE IS A HOMES PHONE AVAILABLE AT SUITABLE TIMES.

YOU WILL ALWAYS BE ABLE TO MAKE CALLS TO YOUR SOCIAL WORKER, SOLICITORS, ADVISORS OR HELP-LINES AT ANYTIME.

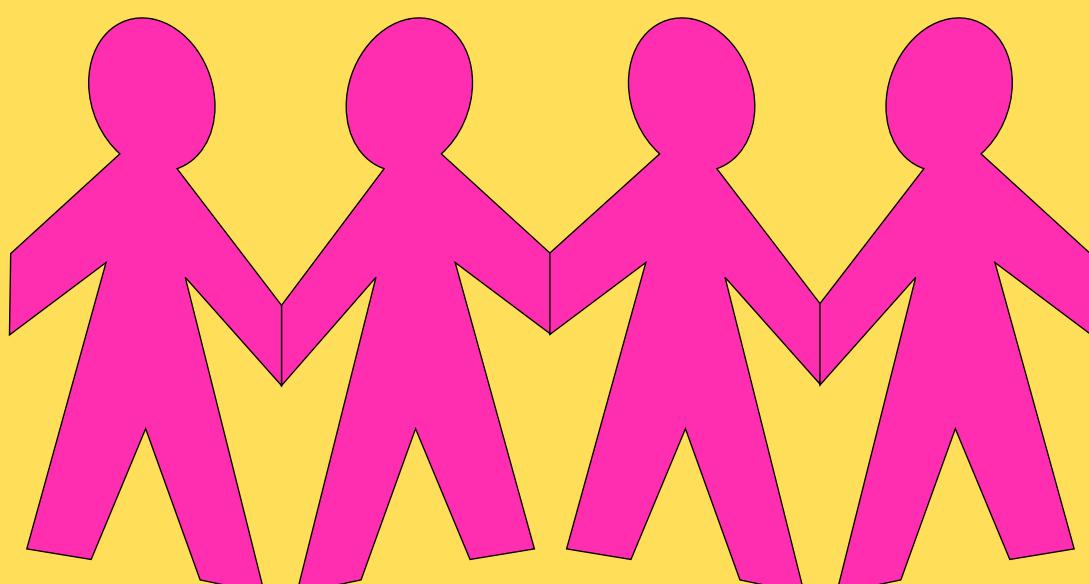
BECAUSE WE WANT YOU TO SETTLE AT NIGHT WE WOULD LIKE YOU TO COMPLETE ALL PERSONAL CALLS BY 1 HOUR BEFORE YOUR BEDTIME.

WHEN YOU ARE IN EDUCATION OR COMPLETING EDUCATION AT HOME, YOU WON'T BE ABLE TO USE THE PHONE AT THESE TIMES. WE FEEL IT'S IMPORTANT FOR YOU TO GET YOUR EDUCATION COMPLETED, SO WE DON'T LIKE DISTRACTIONS.

## FAMILY AND FRIENDS TIME

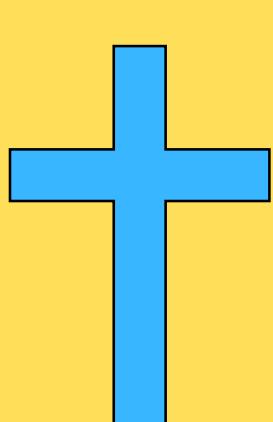
WE LIKE TO ENCOURAGE TIME WITH FAMILY AND FRIENDS WHERE APPROPRIATE. YOU CAN TALK WITH STAFF AND YOUR KEY WORKER TO ARRANGE TO SEE YOUR FAMILY AND FRIENDS, ALTHOUGH SOMETIMES WE WILL HAVE TO ARRANGE THIS THROUGH YOUR SOCIAL WORKER, WE CAN SUPPORT YOU WITH THIS.

WE WILL SOMETIMES ASK QUESTIONS ABOUT FAMILY OR FRIENDS YOU WOULD LIKE TO MEET, THIS IS SO WE KNOW A LITTLE BIT ABOUT THE PEOPLE YOU ARE SEEING AND CAN KEEP YOU SAFE.



## RELIGIOUS AND CULTURAL NEEDS

SHOULD YOU WISH TO PRACTICE YOUR RELIGION WE WILL SUPPORT YOU WITH THIS. WE WILL ALSO ATTEMPT TO CREATE LINKS FOR YOU AND WITH YOU TO GROUPS, WHICH CAN MEET YOUR NEEDS.





### POCKET MONEY

YOU ARE GIVEN £10 POCKET MONEY EVERY SATURDAY. STAFF WILL CHECK YOUR BEDROOM IS TIDY BEFORE GIVING THIS, THEY CAN SUPPORT YOU TO COMPLETE THIS IF YOU NEED HELP.

### INCENTIVE REWARDS

YOU HAVE THE CHANCE TO TOP UP YOUR POCKET MONEY WITH AN INCENTIVE CHART. YOUR KEY WORKER WILL WORK WITH YOU TO DEVELOP A CHART AND HOW MUCH YOU COULD EARN EXTRA OR BE AWARDED STARS.



### CLOTHING BUDGETS

WHEN YOU ARRIVE AT ARLESTON LODGE ALL YOUR CLOTHING WILL BE LISTED ON YOUR CLOTHING RECORD.

IF WHEN YOU ARRIVE AT THE HOME YOU DO NOT HAVE ENOUGH EVERYDAY CLOTHING THE STAFF WILL ARRANGE FOR YOU TO BUY WHAT YOU NEED AFTER SPEAKING TO YOUR SOCIAL WORKER.

YOU WILL RECEIVE CLOTHING MONEY EVERY MONTH TO BUY NEW CLOTHES.



### FIRE PRECAUTIONS



WE ALL WANT TO BE SAFE SO IF YOU DISCOVER A FIRE THERE ARE SOME RULES WHICH WE ALL HAVE TO OBEY.

IF YOU DISCOVER A FIRE, LEAVE THE AREA AND CLOSE THE DOOR.  
TELL STAFF.

EVACUATE THE BUILDING IMMEDIATELY.  
DO NOT STOP TO COLLECT ANYTHING  
DO NOT ATTEMPT TO PUT THE FIRE OUT.

GO TO THE FIRE ASSEMBLY POINT. THIS WILL BE EXPLAINED TO YOU BY THE STAFF.

WE WILL TEST THE FIRE ALARM REGULARLY AND ALSO DO AN OCCASIONAL TEST DURING THE NIGHT SO THAT WE ALL KNOW WHAT TO DO WHEN IT IS DARK AND WE HAVE BEEN ASLEEP.

IF YOU HEAR THE ALARM AND STAFF HAVE NOT TOLD YOU THAT THEY ARE TESTING THE ALARM YOU WILL NEED TO LEAVE THE HOME AND STAFF WILL MAKE SURE THAT YOU ARE SAFE. WE WILL PRACTISE THIS IN THE HOME SO YOU FEEL SAFE AND AWARE.

# I can do anything

## CONSEQUENCES

SOMETIMES IT IS NECESSARY FOR THERE TO BE A CONSEQUENCE FOR UNACCEPTABLE BEHAVIOUR, THIS HAPPENS TO ADULTS AS WELL AS CHILDREN WE HOPE THAT WITH STAFF SUPPORT WE CAN HELP YOU TO FEEL SAFE AND AVOID BEHAVIOUR THAT MAY NEED A CONSEQUENCE.

ALL CONSEQUENCES ARE APPROPRIATE TO THE BEHAVIOUR THAT YOU HAVE SHOWN.



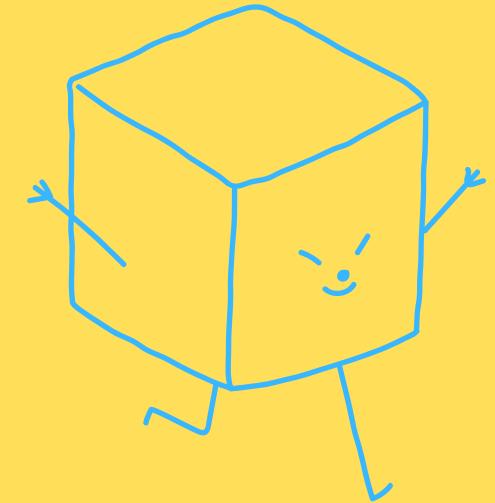
BELOW ARE SOME EXAMPLES:

IF YOU CAUSED INTENTIONAL DAMAGE TO THE HOME OR HOUSEHOLD ITEMS THAT DID NOT BELONG TO YOU THEN YOU WOULD BE EXPECTED TO PAY FOR REPAIR. THIS WOULD BE TAKEN FROM YOUR POCKET MONEY.

IF YOUR BEHAVIOUR IS NOT ACCEPTABLE WHEN YOU ARE OUT ON AN ACTIVITY, FOR EXAMPLE AT THE CINEMA, THEN YOU WOULD NOT BE ABLE TO VISIT THE CINEMA FOR AN AGREED PERIOD OF TIME. IF YOU REFUSE TO GO TO YOUR ROOM AND SETTLE AT SETTLING TIME THEN YOU MAY BE TOLD THAT YOU WILL HAVE TO GO TO YOUR ROOM 15 MINUTES EARLIER THE NEXT DAY.

STAFF WILL ALWAYS DISCUSS CONSEQUENCES WITH YOU AND GIVE YOU THE OPPORTUNITY TO COMPLETE RESTORATIVE WORK, SO YOU CAN REDUCE/EARN BACK FROM YOUR CONSEQUENCE.

IF YOU THINK THEY ARE UNFAIR THEN YOU CAN DISCUSS THIS WITH YOUR KEY WORKER OR HOUSE MANAGER.



WE ALSO LIKE TO REWARD YOU FOR GOOD BEHAVIOUR. WE LIKE TO SEE THE BEST OF YOU AND WHEN YOU DO SOMETHING GOOD, WE WILL LOOK AT AN ACTIVITY THAT YOU CAN DO OR MAYBE PURCHASE SOMETHING YOU WOULD LIKE. IT'S IMPORTANT THAT WE RECOGNISE THE AMAZING THINGS YOU WILL DO WHILST YOU ARE WITH US.



UNAUTHORISED ABSENCE/MISSING FROM THE HOME

IN THE EVENT OF YOU LEAVING THE HOME OR GOING MISSING ON AN ACTIVITY WITHOUT PERMISSION THE FOLLOWING PROCEDURE WILL BE STRICTLY ADHERED TO.

A THOROUGH SEARCH OF THE SURROUNDING AREA WILL BE MADE. IF WE CAN'T SEE YOU THE POLICE WILL BE INFORMED IMMEDIATELY IF YOU ARE THOUGHT TO BE AT RISK OF HARM, GIVING AS MUCH INFORMATION AS POSSIBLE ABOUT YOU.

STAFF MAY CONTACT FAMILY AND FRIENDS TO CHECK IF YOU ARE WITH THEM. THEY WILL ALSO SPEND THEIR TIME SEARCHING KNOWN PLACES YOU MAY HAVE GONE TO.

YOUR SOCIAL WORKER AND WHOEVER HAS PARENTAL RESPONSIBILITY WILL BE INFORMED.

YOUR HOME WILL HAVE A RELAXED ATMOSPHERE AND WE HOPE THAT YOU ENJOY ALL THE THINGS ON OFFER FOR YOU, SO THAT YOU DON'T FEEL THE NEED TO RUN AWAY.

WE UNDERSTAND ABOUT THE PUSH AND PULL FACTORS FOR YOUNG PEOPLE GOING MISSING, SO PLEASE TALK TO US IF SOMETHING IS ON YOUR MIND, SO WE CAN HELP YOU TO STOP GOING MISSING. WE AS A STAFF TEAM CARE AND WORRY WHEN YOUNG PEOPLE AREN'T IN OUR CARE.

I am a fighter

## YOUNG PERSONS GUIDE TO COMPLAINTS



WE WANT YOU TO FEEL SAFE AT ARLESTON LODGE AND ENJOY YOUR TIME HERE WITH US. WE HOPE THAT BY TALKING TO US YOU WILL UNDERSTAND WHY DAY TO DAY DECISIONS ARE BEING MADE AND FEEL THAT YOU ARE INVOLVED IN DECISION MAKING BUT IF YOU ARE WORRIED, UPSET OR ANGRY ABOUT SOMETHING THAT IS HAPPENING AT ARLESTON LODGE PLEASE SPEAK TO SOMEBODY ABOUT IT.

I HOPE THAT YOU WILL BE ABLE TO TALK TO ONE OF THE STAFF AT THE HOME BUT IF YOU DON'T FEEL ABLE TO DO THAT, TALK TO SOMEBODY ELSE, YOUR SOCIAL WORKER, YOUR FAMILY OR AN OUTSIDE PERSON AND EXPLAIN THE PROBLEM TO THEM.

THERE ARE A COUPLE OF NUMBERS YOU CAN RING FOR ADVICE OR HELP AT THE END OF THIS GUIDE.

TELLING SOMEBODY THAT YOU ARE WORRIED OR UPSET ABOUT SOMETHING OR SOMEBODY, WHETHER THIS IS ABOUT A YOUNG PERSON IN THE HOME OR A MEMBER OF STAFF OR ANYTHING ELSE IS NOT ABOUT TELLING TALES.

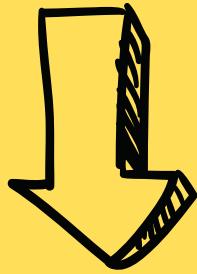
YOU ARE ENTITLED TO FEEL SAFE, SECURE AND PROTECTED AND WE HOPE THAT BY WORKING TOGETHER WE WILL BE ABLE TO SORT PROBLEMS OUT.

WHO YOU CAN MAKE A COMPLAINT TO:

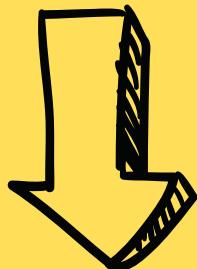


## COMPLAINTS PROCEDURE:

THE HOMES MANAGER WHO MANAGES COMPLAINTS WOULD BE RESPONSIBLE FOR ENSURING THAT YOUR COMPLAINT WAS DEALT WITH.



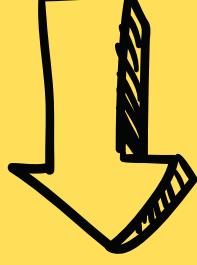
THE HOMES MANAGER WOULD DISCUSS WITH YOU, CONFIDENTIALLY, WHAT NEEDED TO BE SHARED WITH OTHERS AND WHAT YOU DID NOT WANT TO SHARE.



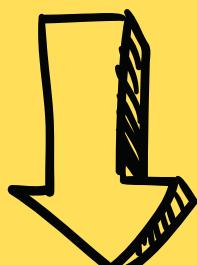
THE HOMES MANAGER WOULD ALSO TALK TO YOU ABOUT AN INDEPENDENT PERSON. THIS IS A PERSON

WHO IS NOT A WORKER AT ARLESTON LODGE OR SUNLIGHT CARE OR INVOLVED WITH ANY OF THE WORKERS

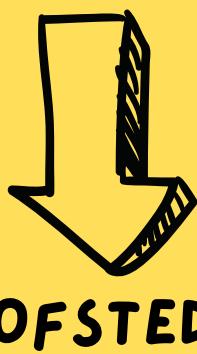
THERE, WHO WOULD BE ASKED TO LOOK AT THE COMPLAINT, WITH THE MANAGER, AND HELP SOLVE THE PROBLEM.



WITHIN 3 DAYS OF GETTING YOUR COMPLAINT THE MANAGER WILL WRITE TO YOU AND/OR TO THE PERSON WHO MADE THE COMPLAINT ON YOUR BEHALF TO TELL YOU THAT SHE IS DEALING WITH YOUR COMPLAINT AND WHAT SHE UNDERSTANDS IT TO BE.



YOUR COMPLAINT WILL BE THOROUGHLY INVESTIGATED AND WITHIN 7 DAYS THE MANAGER WILL WRITE TO YOU TELLING YOU THE OUTCOME IN RELATION TO YOUR COMPLAINT



I deserve good things

YOU ALSO HAVE THE SUPPORT FROM OFSTED IN REGARDS TO COMPLAINTS (SEE CONTACT DETAILS BELOW). OFSTED'S ROLE IS TO ENSURE ALL YOUNG PEOPLE IN CARE ARE KEPT SAFE AND ARE BEING GIVEN THE OPPORTUNITY TO STRIVE AND ACHIEVE INDEPENDENCE INTO ADULTHOOD.

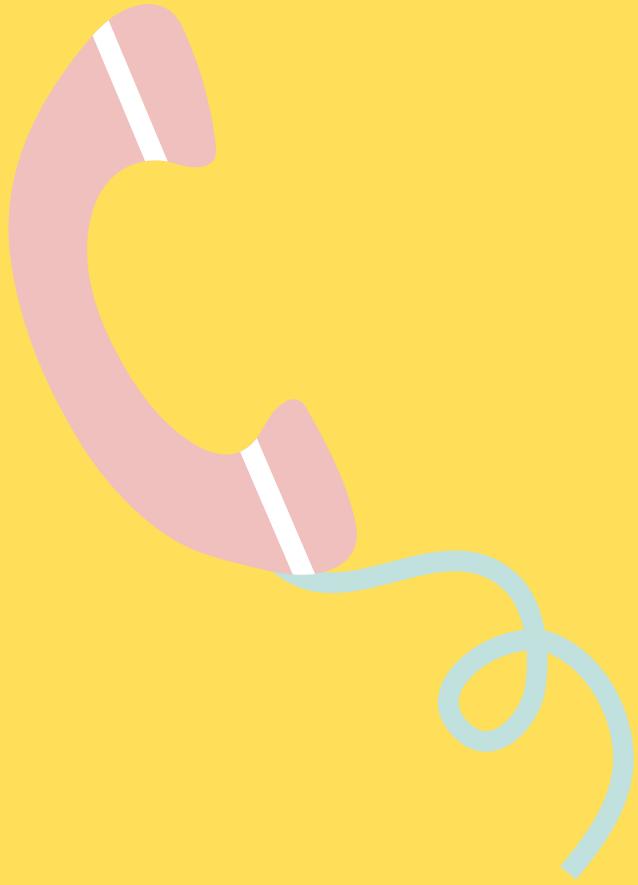


AN ADVOCATE IS AN INDEPENDENT PERSON WHO WILL SUPPORT YOU, RECOMMEND IDEAS AND SUGGESTIONS, AND CHAMPION YOUR RIGHTS AND PUT YOUR CASE FORWARD ON YOUR BEHALF.

## OFSTED

OFSTED CARRY OUT INSPECTIONS OF THE HOME AND DURING THIS INSPECTION THEY WILL LOOK FORWARD TO SITTING WITH YOU AND GETTING YOUR FEELINGS AND VIEWS ON HOW YOU ARE LOOKED AFTER AND THAT YOU ARE HAPPY AND ENJOY THE HOME AND ITS ENVIRONMENT.

THEY WILL ALSO WANT TO SEE YOUR ROOM WITH YOU TO CHECK THAT YOU HAVE ADEQUATE SPACE AND RESOURCES AVAILABLE TO YOU WITHIN YOUR OWN PERSONAL ROOM.



OFSTED:  
TELEPHONE NUMBER: 0300 123 1231  
ADDRESS: BY POST  
OFSTED  
PICCADILLY GATE  
STORE STREET  
MANCHESTER  
M1 2WD  
EMAIL: [ENQUIRIES@OFSTED.GOV.UK](mailto:ENQUIRIES@OFSTED.GOV.UK)

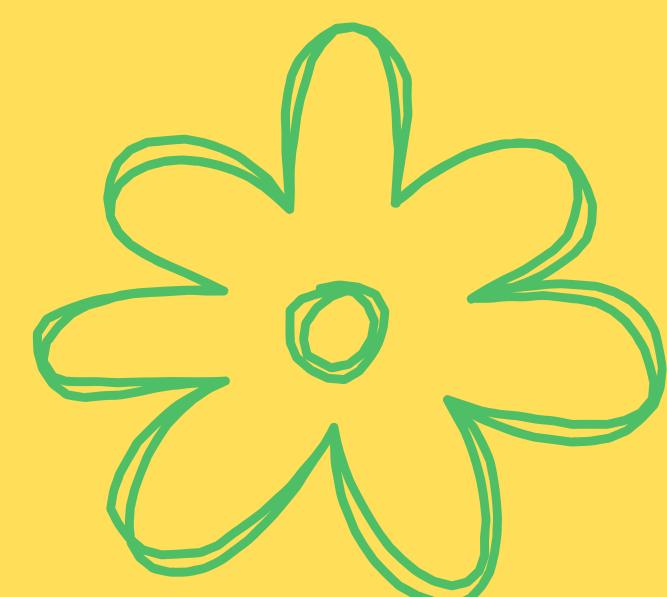
## WHO WE ARE AND WHAT WE DO

"OFSTED IS THE OFFICE FOR STANDARDS IN EDUCATION, CHILDREN'S SERVICES AND SKILLS. WE REPORT DIRECTLY TO PARLIAMENT AND WE ARE INDEPENDENT AND IMPARTIAL.

WE INSPECT AND REGULATE SERVICES WHICH CARE FOR CHILDREN AND YOUNG PEOPLE, AND THOSE PROVIDING EDUCATION AND SKILLS FOR LEARNERS OF ALL AGES"

THE CHILDREN'S RIGHTS COMMISSIONER FOR ENGLAND:  
DAME RACHEL DE SOUZA  
SANCTUARY BUILDINGS  
20 GREAT SMITH STREET  
LONDON  
SW1P 3BT

I am brave



THE CHILDREN'S COMMISSIONER PROMOTES AND PROTECTS THE RIGHTS OF CHILDREN, ESPECIALLY THE MOST VULNERABLE, AND STANDS UP FOR THEIR VIEWS AND INTERESTS.

SHE SPEAKS UP FOR CHILDREN AND YOUNG PEOPLE SO THAT POLICYMAKERS AND THE PEOPLE WHO HAVE AN IMPACT ON THEIR LIVES TAKE THEIR VIEWS AND INTERESTS INTO ACCOUNT WHEN MAKING DECISIONS ABOUT THEM.

## USEFUL TELEPHONE NUMBERS

YOUR SOCIAL WORKER:

TELEPHONE NUMBER:

YOUR IRO:

INDEPENDENT REVIEWING OFFICER

TELEPHONE NUMBER:

YOUR EMERGENCY DUTY TEAM:

TELEPHONE NUMBER:

YOUR ADVOCATE :

TELEPHONE NUMBER:

NSPCC

TELEPHONE NUMBER: 0800 1111

WEBSITE:

WWW.NSPCC.ORG.UK

CHILDLINE

TELEPHONE NUMBER: 0800 1111

WEBSITE:

WWW.CHILDLINE.ORG.UK

THE CHILDREN'S RIGHTS COMMISSIONER FOR ENGLAND:

DAME RACHEL DE SOUZA

SANCTUARY BUILDINGS

20 GREAT SMITH STREET

LONDON

SW1P 3BT

TELEPHONE NUMBER: 02077838330

EMAIL ADDRESS: [INFO.REQUEST@CHILDRENSCOMMISSIONER.GOV.UK](mailto:INFO.REQUEST@CHILDRENSCOMMISSIONER.GOV.UK).

WEBSITE: [WWW.CHILDRENSCOMMISSIONER.GOV.UK](http://WWW.CHILDRENSCOMMISSIONER.GOV.UK)

### HELP @ HANDS

- TELEPHONE NUMBER: BY CALLING 0800 528 0731 FROM 9AM TO 5PM, MONDAY TO FRIDAY (SECURE VOICEMAILS CAN BE LEFT OUTSIDE THESE HOURS).
- BY EMAILING [HELP.TEAM@CHILDRENSCOMMISSIONER.GOV.UK](mailto:HELP.TEAM@CHILDRENSCOMMISSIONER.GOV.UK)
- ONLINE: GET IN TOUCH | CHILDREN'S COMMISSIONER FOR ENGLAND ([CHILDRENSCOMMISSIONER.GOV.UK](http://CHILDRENSCOMMISSIONER.GOV.UK))

THIS TEAM OF CHILD RIGHTS ADVISERS CAN ASSIST CHILDREN IN CARE, INCLUDING CHILDREN WITH DISABILITIES, TO ENSURE THEY ARE RECEIVING THE SUPPORT AND SERVICES THEY ARE ENTITLED TO. THEY CAN ALSO FOLLOW-UP SAFEGUARDING CONCERNs AND REFER CHILDREN TO THEIR LOCAL AUTHORITY'S INDEPENDENT ADVOCACY SERVICE IF REQUIRED

## USEFUL TELEPHONE NUMBERS

KIDSCAPE

EMAIL ADDRESS: [INFO@KISCAPE.ORG.UK](mailto:INFO@KISCAPE.ORG.UK)

TELEPHONE NUMBER: 020 7730 3300

KIDSCAPE IS COMMITTED TO KEEPING CHILDREN SAFE FROM BULLYING AND ABUSE.

. THE KIDSCAPE TEAM EQUIP

VULNERABLE CHILDREN WITH PRACTICAL NON-THREATENING

KNOWLEDGE AND SKILLS IN HOW TO KEEP THEMSELVES

SAFE AND REDUCE THE LIKELIHOOD OF FUTURE HARM.

HOMES PHONE :

TELEPHONE NUMBER:

FAMILY CONTACTS:

NAME:

TELEPHONE NUMBER:

NAME:

TELEPHONE NUMBER:

NAME:

TELEPHONE NUMBER:

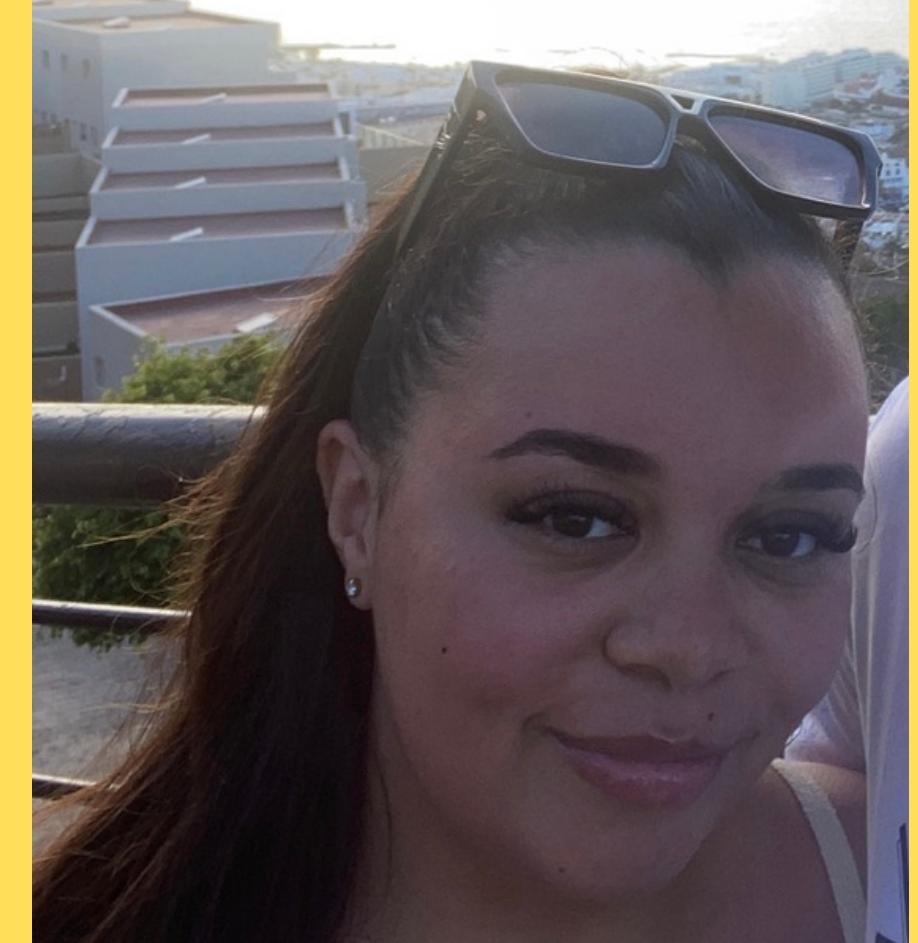
I bring peace  
XOXO

# ARLESTON LODGE FAMILY



"My Name is: Ashley  
Even though I'm the Manager I like to join in the fun at our home when I can, especially at Christmas because that's my favourite time of year - I think I should have been born an elf in the north pole!"

I will be away from the home for a little while soon because I'm having a baby but I will be keeping in touch with the Arleston Family until I come back."



"My name is Georgia, I am the deputy manager and have been working with young people for 6 years. My favourite things to do are travelling I love seeing new countries and trying new foods. My hobbies include online shopping buying new clothes and shoes especially trainers!! i spend most of my time binge watching Netflix, my favourite show is come dine with me, i love cooking!! "



"my name is Amanda, I am the Head of Care & Responsible Individual. I will pop in to see you from time to time to check you are happy and being well looked after. I'm sure you will enjoy becoming part of the Arleston family, we have lots of fun and really want to help you feel loved and cared for."



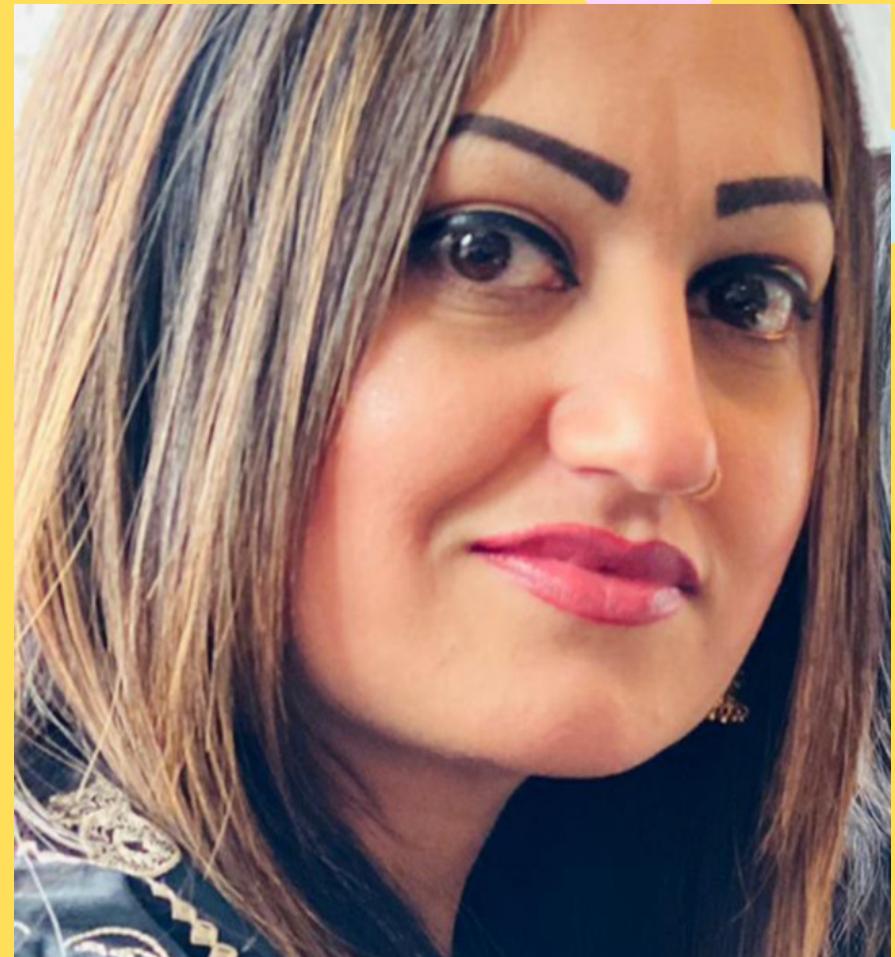
"my name is Juliet  
I have been working with children and young people for the past seven years. I am originally from Zimbabwe and fun fact about me it that there are no lions in back yard, and I did not have them as pet growing up as some might assume. I enjoy cooking and learning new things individually or as a group. I love reading and listening to conspiracy theories as this fascinates me a lot."

LOVE WHO  
YOU ARE

# ARLESTON LODGE FAMILY \*



CHASE  
*Goals*



"My name is Holly.

My hobbies include: watching films, baking, reading, swimming and colouring. I also enjoy travelling abroad and exploring new places. A fun fact about me is that I love Harry Potter and have lots of tattoos relating to the books and films. My favourite is a tattoo of dobby the elf!"

"My Name is : Shazia

I am a calm simple caring person, who is always ready to learn something new. My heart smiles when I am making a difference in people's lives. I would be honoured to spend time with you and help make your everyday special.



**There are a few more members to our family but they are a little camera shy....**

**Don't worry we are working on that**





YOU ARE  
Special

